

Nutrition Fact Sheet

Up-to-date nutrition information
for the health care professional

Medicaid can be a payment source for Vitamin & Mineral Supplements for Medicaid Recipients

It is the position of the American Dietetic Association that the best nutritional strategy for promoting optimal health and reducing the risk of chronic disease is to wisely choose a wide variety of foods.

However, additional vitamins & minerals from supplements can help some individuals meet their nutritional needs. A Registered Dietitian or other qualified health professional may recommend a vitamin & mineral supplement.

For Medicaid recipients who require vitamin & mineral supplements, the Wisconsin Medicaid Program is a potential reimbursement source of vitamin & mineral supplements.

Coverage options include :

1. Vitamin & mineral supplements covered by Medicaid HealthCheck “Other Services” without prior authorization, for recipients from ages birth to 21 years include, but are not limited to:

- Iron/Vitamins A, C & D
- Lactobacillus acidophilus
- Magnesium citrate/hydroxide
- Multivitamins
- Multivitamins with Iron
- Multivitamins with Iron, other Minerals
- Multivitamins with Minerals
- Multivitamins, Therapeutic
- Psyllium
- Vitamins A, C & D

Coverage of vitamin & mineral supplements by Wisconsin Medicaid HealthCheck “Other Services” requires:

- Verification that the child received a comprehensive HealthCheck screen within the last 365 days.
- Prescription (include required documentation for pharmacy to fill the prescription).

*Coverage of vitamin & mineral supplements is limited to generic products.

2. Vitamin & mineral supplements covered for Medicaid recipients regardless of age or diagnosis, include:

- Ferrous gluconate/sulfate
- Pyridoxine

3. Vitamin & mineral supplements covered for Medicaid recipients regardless of age; however, restricted by diagnosis, include:

- Prenatal vitamins (pregnant & lactating women)

4. Other vitamin & mineral supplements covered for Medicaid recipients regardless of age, require prior authorization. Examples include, but are not limited to:

- Vitamin A
- Vitamin C
- Multivitamins with Fluoride

*Pharmacy providers are responsible for obtaining prior authorization.

For a complete list of Medicaid covered drugs, including vitamin & mineral supplements covered by HealthCheck “Other Services”, refer to the Wisconsin Medicaid Pharmacy Handbook.

The Wisconsin Medicaid Pharmacy Handbook is available free on the Internet.
For a full list of covered drugs:

- Visit the Wisconsin Medicaid website at *www.dhfs.state.wi.us/medicaid*
- At the *Wisconsin Medicaid Home Page* click *Providers*
- scroll down Provider Type to *Pharmacies*
- under Publication click *Pharmacy Handbook*
- click *Covered Services & Reimbursement*
- click *Appendix List*
- click *Appendix 2 – Wisconsin Medicaid Covered Drugs*

For a full list of covered vitamin & mineral supplements:

- Refer back to *Pharmacy Handbook*
- Click *Pharmacy Data Tables section*
- Click *Appendix 5 – HealthCheck “Other Services” Covered by Wisconsin Medicaid without Prior Authorization*

For information on the Prior Authorization (PA) request process:

- Refer to the PA section of the Wisconsin Medicaid Pharmacy Handbook.
- Or telephone the Wisconsin Medicaid Program at (800) 947-9627.

For information on nutrition services for children with special health care needs:

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Department of Health and Family Services
Division of Public Health, Nutrition Section
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